



**GLANMORE
FOODS**
Healthy Lunches

HOT SCHOOL MEALS



NATIONAL WINNER
Hygiene and Food Safety
2013, 2014, 2016 & 2018



*guaranteed
irish*



The highest standards of Hygiene & Food Safety for your peace of mind. As independently certified by EIQA (QMark) Excellence Ireland Quality Association.

AWARD WINNING HEALTHY SCHOOL LUNCHES



As a proud member of Guaranteed Irish since 2009 Glanmore Foods actively supports Irish suppliers and jobs. We take great pride in our association with some of Ireland's premium brands – Avonmore, Glanbia, Fyffes, Carroll Cuisine, Total Produce, Keelings, Johnston Mooney & O'Brien Bakeries, Shamrock Foods McCaugheys Fine Foods, Pallas Foods, Deli Meats, Glenisk, Soup C  fe and Odlums.



IRISH OWNED, IRISH SUPPLIED, IRISH DELIVERED



GREAT TASTING NUTRITIOUS FOOD

We have a selection of delicious hot foods specially prepared for children. With a total of 46 different dishes for consideration and 5 individual choices each day, including a vegan dish daily, there is something for everyone, even those fussy eaters. All meals follow the guidelines from the Healthy Ireland nutritional standards recommendations.

**ALL HOT MEALS ARE PREPARED FRESH DAILY IN OUR
PURPOSE BUILT ONSITE KITCHEN**



QUALITY LOCALLY SOURCED INGREDIENTS

Beef Lasagne, Wholemeal Garlic Bread & Carrots



Turkey Breast, Carrots, Parsnips, Mashed Potatoes & Gravy.



Chicken Pot Noodle & Roasted Red Peppers.



As a long standing member of Guaranteed Irish Glanmore Foods sources our ingredients from the best available Irish Suppliers. All of our Hot Meals are freshly prepared and cooked daily.

BETTER CHOICES, MORE VARIETY

(INCLUDING GLUTEN FREE AND
VEGAN CHOICES DAILY)



Classic Meatballs, Fusilli Pasta,
Arrabiatta Sauce & Carrots



Beef Bolognese,
Carrots & Fusilli Pasta

Chicken Breast Curry, Yellow
Peppers & Fluffy Rice.



Our extensive range of Hot Meals contains all of the childrens favourites including: Beef Lasagne & Garlic Bread, Roast Chicken with Potatoes and Veg, Sausages with Potatoes and Veg, Chicken Curry with Boiled Rice, Cottage Pie, Fish Fingers with Beans and Mash, Spaghetti Bolognese, Baked Ham with Beans and Mash.



SAMPLE MENUS



**GLANMORE
FOODS**

Menu Allergen Information

	Dairy	Wheat	Gluten	Soya	Egg	Celery	Mustard	Sesame Seeds	Tree Nuts	Peanuts	Sulphur Dioxide	Fish	Crustaceans	Molluscs
Roasted Chicken Breast, Carrots, Mashed Potato & Gravy	X	X		X										
Chicken Tenders, Gravy, Sweet Corn & Mashed Potato	X	X	X ^W	X										
Mild Chilli Con Carne, Carrots & Rice		X	X ^W											
Macaroni and Cheese	X	X	X ^W				X							
Meatless Sausages, Parsnips, Mashed Potato, Gravy		X	X ^W	X										
Baked Ham, Beans, Mashed Potato	X													

HOT LUNCH (MONDAY - FRIDAY)

Please tick 1 Item from MAIN 1, MAIN 2, MAIN 3, MAIN 4 or MAIN 5.

SCHOOL NAME

STUDENT NAME

CLASS NAME

TEACHER

MAIN 1 or MAIN 2 or MAIN 3 or MAIN 4 or MAIN 5 (VEGAN/VEGETARIAN)

MONDAY

Roasted Breast of Chicken, Carrots, Mashed Potato & Gravy ☐

or

Chicken Tenders, Sweetcorn, Mashed Potato & Gravy ☐

or

Mild Chilli Con Carne, Carrots & Rice ☐

or

Macaroni and Cheese ☐

or

Meatless Sausages, Parsnips, Mashed Potato & Gravy ☐

TUESDAY

Baked Ham, Beans & Mashed Potato ☐

or

Sausages, Carrots, Mashed Potato & Gravy ☐

or

Traditional Chicken Curry & Peppers with Fluffy Rice ☐

or

Cottage Pie ☐

or

Vegan Fish Fingers, Beans & Sweet Potato Wedges ☐

WEDNESDAY

Turkey Breast, Carrots, Parsnips, Mashed Potato & Gravy ☐

or

Beef Lasagne, Wholemeal Garlic Bread & Carrots ☐

or

Chicken Pot Noodle with Roasted Red Peppers ☐

or

Chicken Tikka with Carrots and Fluffy Rice ☐

or

Meatless Meatballs in Tomato Arrabbiata Sauce, Carrots with Fusilli Pasta ☐

THURSDAY

Roast Chicken, Sweetcorn, Mashed Potato & Gravy ☐

or

Beef Bolognese & Carrots with Fusilli Pasta ☐

or

Mild Chicken Korma & Peppers with Fluffy Rice ☐

or

Teriyaki Beef with Peppers and Egg Noodles ☐

or

Carrot & Coriander Falafel in Tomato Arrabbiata Sauce with Cous Cous ☐

FRIDAY

Roast Beef, Carrots, Mashed Potato & Gravy ☐

or

Baked Fish Fingers, Beans & Mashed Potato ☐

or

Classic Meatballs in Tomato Arrabbiata Sauce, Carrots with Fusilli Pasta ☐

or

Moroccan Spiced Chicken with Peppers and Cous Cous ☐

or

Chickpea Korma, Peppers & Lentils ☐



**GLANMORE
FOODS**

PHLM 0819-F8

NOTES: All meals are produced on site that also handles products are made on site that also handles products

FREE FROM

Issued: 25/01/21 Correct on date of issue. Rev 3

ITS AS EASY AS A, B, C...



Glanmore Foods have been involved in the Hot School Meals Pilot Project from the start, supplying 6 schools with great success, over the past 18 months.

- Our online ordering system allows Parents/ Guardians to order and easily change their childrens lunch choices.
- All hot food is prepared and cooked fresh daily in our new catering kitchen at our award winning production facility.
- Our unique one piece box ensures minimal mess, as there are no loose lids going astray on school desks!
- Hot meals are delivered directly to your class rooms daily by a Glanmore Foods staff member.
- A complete service which includes full waste disposal etc. is available to all, in the manner that best suits your schools needs.
- You may still avail of your 2 item healthy snack for small break, and your drink, milk or still water. These are delivered individually bagged for each child.



PLAYING OUR PART IN CARING FOR THE ENVIRONMENT



Supporting our schools Green Flag initiatives and Green Schools Committees. Glanmore Foods have been accepted as a member of Origin Green. Origin Green is Ireland's pioneering food and drink sustainability programme, operating on a national scale, uniting government, the private sector and the full supply chain from farmers to food producers and right through to the foodservice and retail sectors.



**GLANMORE
FOODS**
Healthy Lunches

GLANMORE FOODS

A Family business, Irish owned, Irish supplied, Irish delivered.
Promoting Irish excellence, supporting Irish jobs, the mark of quality.

www.glanmorefoods.ie

Glanmore Foods, Unit 3 Northwest Business Park, Blanchardstown, Dublin 15
Phone: 01 8976026 Fax: 01 8976269 Email: sales@glanmorefoods.ie